

MENTTIUM POWER90™

YOUR LEADERSHIP WORKOUT

Menttium Power90 is a guided leadership development experience rooted in authentic human connection. This transformative experience focuses on elevating self-awareness, honing leadership skills, and fostering the expansion of your network.



CURATED LEARNING CONTENT



SELF-PACED EXERCISES & REFLECTION



LIVE SESSIONS FEATURING SEASONED BUSINESS LEADERS FROM THE MENTTIUM MENTOR COMMUNITY



SOCIAL LEARNING THROUGH DISCUSSION FORUM AND NETWORKING



Our Mission

Enriching lives and strengthening organizations through **innovative mentoring experiences**.

About Menttium

Driven by purpose, our dedicated team delivers exceptional customer service, consulting, and best-in-class mentoring experiences to help people thrive at work and in life.

As a proud woman-owned, woman-led business since 1991, Menttium is the recognized leader in cultivating professional mentoring experiences that enable leadership development in the global business community.





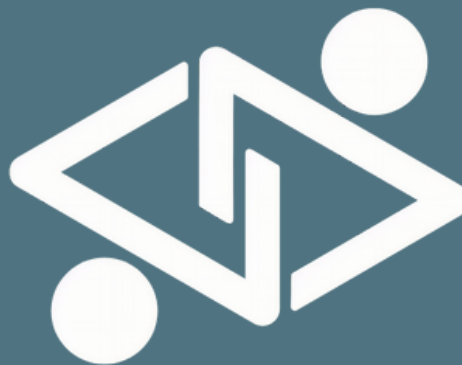
90 Day Focus on **COMMUNICATION**

At the core of leadership lies the art of effective communication.

Why is communication important?

- #1 in demand skill for 2024 according to LinkedIn
- 50% of workers report their productivity is affected by ineffective communication*
- 42% said poor communication impacts cross-functional collaboration*

*Source: [The State of Workplace Communication in 2024](#)



OUTCOMES

- Discover individual communication styles and how to flex.
- Learn about communication pillars that are critical to effective leadership.
- Communicate more effectively with stakeholders across the organization.
- Expand professional network.



Who Should Attend?

Individual contributors and managers, early to mid career, or any leader with a growth mindset looking to enhance their communication skills



Virtual



Sept 15 - Dec 5, 2025



12 Weeks ~ 1-2 Hours/Week



contactus@menttium.com



\$1,200

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